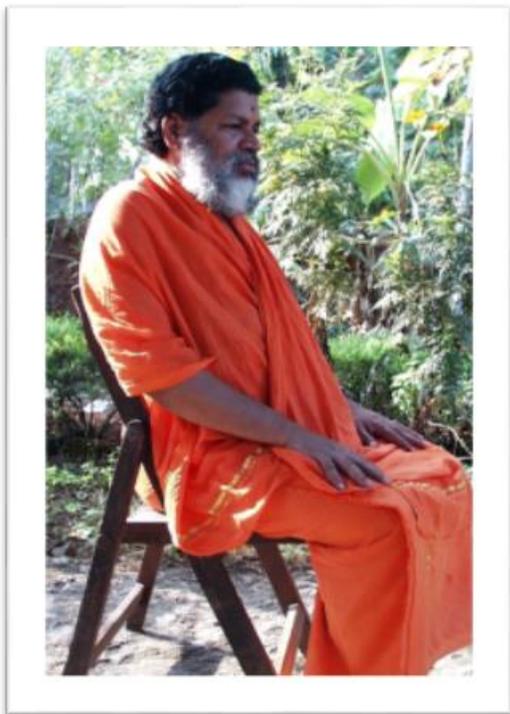


# SEVEN SPIRITUAL LAWS

SWAMI BODHANANDA

2000



## 1. Law of Brahman

Every individual is a field of infinite potentiality. Everyone seeks expression of this potential energy, which is possible only through altruistic desire fulfilling activities

## 2. Law of Maya

The phenomenal world is always in a flux of constant change. Individual has to accept this fact of change and prepare to face change, psychologically and technologically, by designing innovative responses. Change is to be seen as a tool of Brahman's expression.

## 3. Law of Dharma

Every individual is unique in nature and has different talents and needs. The talents have to be expressed and needs are to be fulfilled. This has to be done within the limits of Universal Dharma. The purpose of education is to develop natural skills to meet innate

needs with awareness of dharma, which is the meaning of Svadharma.

## 4. Law of Karma

This Law is about the Cause and Consequences. Present life of an Individual is constituted by his past thoughts and deeds. And future life is determined by what is done presently. Law of Karma says that individual creates his/her own destiny by the moment to moment choices and actions.

## 5. Law of Yajna

World exists based on the principle of Sacrifice that is nothing but give and take. In traditional yajna Devas - the controllers of Nature - are propitiated for materialistic and spiritual well being. This mutual nourishing and cherishing efforts ensure peace and happiness for the individual and also the society. To sacrifice is to receive, to possess is to lose.

## 6. Law of Yoga

Detachment is the key to happiness. Detachment ensures ability to watch the thoughts and actions impartially like a witness while interacting with the world. It will help to cherish multiple perspectives and intuit diverse solutions to issues of life.

## 7. Law of Leela

Maximum productivity or efficiency is gained when mind is relaxed and playful. Effective individuals expend least energy while facing challenges and problems. This provides experience of self exploration and expression.

(based on the book "Seven Spiritual Laws" authored by Swami Bodhananda.)

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