

registered to integrate the programmes and initiatives in Kerala, under the spiritual leadership of Swami Adhyatmananda Saraswathi as Mukhya Acharya. Sri.S.K.K. Nair is the present Chief Executive. Sambodh Foundation, Kerala, has also chapters in Kollam, Ambalappuzha, Trissur, Tiruvillwamala, Kozhikode, Kadalundi, Palakkad, Wayanad and Kannur.

Sambodh Foundation, New Delhi, is the central office of Sambodh in India and also oversees centres and programmes in other cities such as Bangalore, Chennai, Ahmedabad, and Mumbai. Sambodh Foundation in Bangalore has two centres with beautiful ashram facilities: Sambodh Centre for Living Values which maintains a medicinal garden, a mango orchard and a Goshala; and Sambodh Centre for Human Values for fostering charity activities and to provide education for the underprivileged.

In the USA the lecture programmes of Swami Bodhananda are organised by The Sambodh Society Inc. The Sambodh Society also maintains a beautiful Ashram and a Shiva Shakti Shrine in a wooded land in Kalamazoo, Michigan.

The Torch Bearers

President	: Ma Ananda Chinmayi
Working President	: Prof.(Dr.) M.N.Sreedharan Nair
Vice-President	: Smt. D. Rugmini Amma
Secretary	: Smt. M.P. Kunhilakshmi
Joint Secretaries	: Sri. D. Balachandran Nair Sri. S. Sivaji Smt. B. Lalitha Rajan
Chief Treasurer	: Sri. P.N. Subramanian
Treasurer	: Smt. G. Sarada Menon
Administrator	: Sri. A.K. Ajithkumar

SWAMI ADHYATMANANDA SARASWATHI

Swami Adhyatmananda Saraswathi is the Mukhya Acharya of Sambodh Foundation, Kerala. Swamiji is one of the most prominent spiritual leaders of Kerala. He is a direct disciple of Poojya Gurudev Swami Bodhananda. His works aim for the spiritual uplift of individuals, family, and society. He believes that youth empowered with modern scientific knowledge and ancient wisdom can effectively respond to modern challenges. Travelling extensively in Kerala



and other cities, Swamiji has been engaged in conducting programmes such as Gita Gnana Yagna, Bhagavata Saptaham, Upanishad Camps, Camps for children, young and the aged, workshops for College students, teachers and professionals etc. He is also blessed with poetical skill and his literary compositions are widely appreciated. His talks are regularly featured in several Malayalam TV Channels.

SWAMINI MA ANANDA CHINMAYI

is the President and a founder member of Bodhananda Seva Society, Thiruvananthapuram. Mathaji has greatly contributed to the origin and development of Bodhananda Kendram and Bodhananda Seva Society. After retiring as Headmistress of a High School in Thiruvananthapuram, she dedicated herself to selfless service for the society guided by her Guru Swami Bodhananda, from whom she received *sanyasa deeksha*. Mathaji is the personification of humility, dedication and compassion. She writes poetry in English and Malayalam and has immense knowledge on indigenous medicinal herbs and plants. Established in disciplined spiritual life, and with perfect health and fitness at the age of ninety, Mathaji is a role model for many sadhakas.



SWAMINI MA JYOTHIRMAYI met her Guru Swami Bodhananda in 1978 and since then is blessed by his guidance and wisdom. She is well versed in Sanskrit, Sreemad Bhagavatam, Ramayanam, Devi Bhagavatham, Narayaneeyam etc. She was given *sanyasa deeksha* by Swami Bodhananda in 2010. Currently she is overseeing the activities of a beautiful and simple ashram in Tiruvillwamala conducting satsang, yagna and saptahams at various places in Kerala.

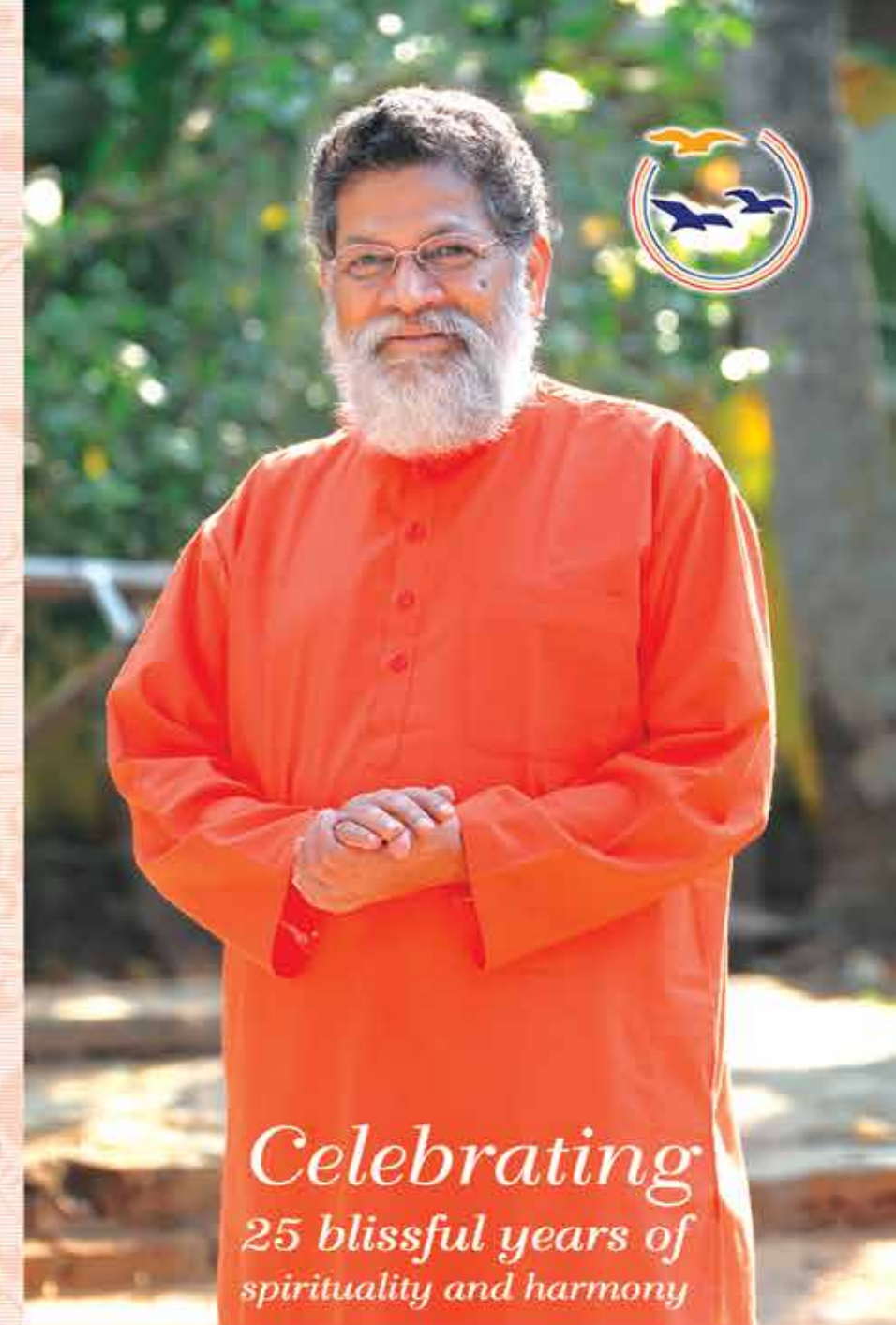


BRAHMACHARI PRANAV CHAITANYA

received *brahmachari deeksha* from Swami Bodhananda Saraswati on 14th January 2015. From his meetings with Swami Adhyatmananda and listening to his talks, Pranavaji realised that the purpose of his life is to dedicate for Sanatana Dharma and decided to learn and spread the message of Vedanta. He travels widely in Kerala and takes classes for public and children.



We humbly and earnestly request your support, service, and participation.



*Celebrating
25 blissful years of
spirituality and harmony*

Silver Jubilee
Celebrations 1990 - 2015

Bodhananda Seva Society

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BODHANANDA SEVA SOCIETY

The Bodhananda Seva Society was registered as a charitable organisation on 11th July 1990. The office and ashram of BSS called the Bodhananda Kendram, is situated on the banks of river Karamana, in the holy town of Kalady, in Thiruvananthapuram. The Ashram activities started in the late eighties with regular classes and satsangs organised by a disciple of Swami Bodhananda, Ma Ananda Chinmayi, a reputed headmistress loved by the local community for her social commitments.

Subsequently, a three storied building was constructed in the Ashram premises with a spacious auditorium in the ground floor and residential rooms in the second and third floors. The Ashram also has a conference hall with state-of-the-art amenities and a dining hall. On the eastern side of the ashram, facing the Karamana river stands a temple dedicated to the presiding deity Sidhi Vinayaka.

The temple, and the building with all amenities, which exist today in Bodhananda Kendram, were all financed by a unique project, envisioned by Swami Bodhananda, called "Siddhi Vinayaka Dharma Kalasa" and implemented by his disciples over a period of fifteen years. This project, which continues, is founded on the philosophy of micro-charity combined with the spiritual benefits of chanting Ganesa Gayatri mantra.

OUR VISION

- To become a one-stop destination for teaching, learning and living according to the ideals of Vedanta and serve the society without discrimination.
- To increase the spiritual quotient of people in every walk of life.

OUR MISSION

Initiate innovative programmes to promote cultural values, and develop artistic talents; Promote ecological awareness and holistic life style; Envision and organise women empowerment programmes; Provide charity support for the educational and health needs of the poor and the underprivileged; Develop research in leadership excellence based on Vedanta and the foundational texts of Indian Philosophy such as Panchatantra, Hitopadesa, Mahabharata, Ramayana and Arthasastra.

OUR VALUES

We are particular about quality, integrity, character and inner development as vehicles of excellence. We are happy people who happily work to help others to discover their happiness.

LANDMARK PROGRAMMES

In the past twenty five years we have organised several social, spiritual, charity, management, and interfaith programmes. Every year, during the visit of Swami Bodhananda to Kerala, a series of lectures on Bhagavad Gita, Vedanta, Upanishads, Yogasutra etc. are organised under the banner "Rishi Vision". The landmark programmes of BSS include:

- Annual Gita Gnana Yagna, Bhagavatha Sathram, spiritual retreats and training programmes.
- Youth camps intended to provide exposure to young people on developments in science, technology, culture, literature and arts.
- Yoga training classes and camps.
- Gayatri Archana for children to be acquainted with cultural and spiritual orientation.
- Siva Shakti Archana, Ishta Siddhi Pooja, Ganesa Archana and Vriksha Gayatri Archana to gain inner peace and tranquility by invoking God's blessings.
- Free medical camps based on Allopathy and Ayurveda systems for the poor and underprivileged.
- Food and living support provided to the economically weak families and educational assistance to the needy students, under the banner of the 'Loka Seva Programme'.
- Under the auspices of Bodhananda Research Foundation for Management & Leadership Studies (BRF-ML), Memorial lectures (in the name of V.K. Krishna Menon, Mammen Mappilai and Sri

Narayana Guru) were organised inviting eminent speakers from the fields of Science & Technology, Management & Economics and Spirituality & Culture. BRF-ML has also been organising several lectures and workshops at IIMs, IAS and IA & AS Training centres, Management Associations and several leading organisations in Government and Corporate sector.

Our Paramacharya and Spiritual Guide

SWAMI BODHANANDA SARASVATI

Swami Bodhananda Sarasvati is the Paramacharya of all Sambodh organisations in India and the USA, and is the Spiritual Guru for several sadhakas all over the world. Hailing from Kerala, Swamiji was trained in the Sankaracharya tradition of Vedanta by his Guru, Swami Chinmayananda. He has been teaching Vedanta with its practical applications since 1978. He is an engaging speaker with a keen sense of humour, deep knowledge, and a global vision rooted in Vedantic tradition. He is regularly invited as guest speaker in IITs, Management Associations, Research Institutions, Universities, and Corporate Organisations all over the world. He has authored several books on Vedanta, and Indian Management.

Inspired by Excellence in Thinking and Simplicity in Living

The various centres that were established subsequently by the example of BSS are:

- *Bodhananda Research Foundation for Management & Leadership Studies*, a research centre to foster studies on Indian management styles and leadership excellence.
- *Bodhananda Seva Society, Kollam*, with an ashram and Ganesha Prathista
- *Bodhananda Seva Society, Kozhikode*, comprising a beautiful Ashram, and the Siddhivinayaka temple
- *Bodhananda Sruti Seva Trust, Ernakulam*, an Ashram near the holy temple in Chottanikkara.
- *Bodhananda International Foundation for Inter-religious dialogue (BIFIRD), Ernakulam*, a think tank and apt forum for votaries of different belief systems, perspectives and world views to meet and engage in constructive conversation
- *Sambodh Foundation, Palakkad*, has a beautiful Ashram, and the Siddhivinayaka temple
- *Bodhananda Seva Sangham, Nagarcoil*, organises regular classes and spiritual programmes

In 2013, "Sambodh Foundation, Kerala" a Trust was